THE FLYING SQUIRREL SKIATHLON

A Juniors Only Race **Saturday, March 7, 2020**

Race Day Registration: 10am - 11:15am Racing Begins 12 Noon

Test your skills & courage on the twisty, roller coaster trails of Crystal Mountain, including the iconic Flying Squirrel loop! You choose: full Skiathlon or 2 person Classic/Freestyle relay.

- Michigan Cup High School Flying Squirrel Skiathlon
 Michigan Cup points awarded
 You ski: 5k classic, change into skate gear in
 transition, ski 5k freestyle
- Michigan Cup Middle School Flying Squirrel Skiathlon
 Michigan Cup points awarded
 You ski: 2.5k classic, change into skate gear,
 ski 2.5k freestyle

OR

- High School RELAY Flying Squirrel Skiathlon NO Michigan Cup Points Awarded You ski: 5k classic, tag your partner in transition. They ski 5k freestyle
- Middle School RELAY Flying Squirrel Skiathlon NO Michigan Cup Points Awarded You ski: 2.5k classic, tag your partner in transition. They ski 2.5k freestyle

Will pair individual skiers with partner if needed.

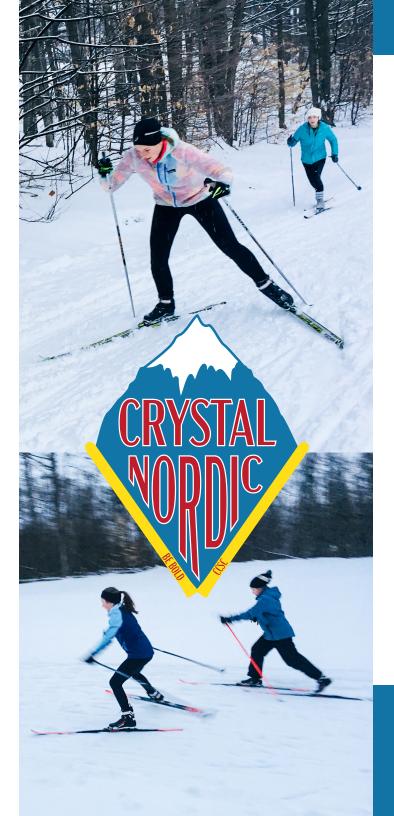
COST IS \$10 PER SKIER

Equipment rental available for \$10. You must preregister and provide height, weight and shoe size.

Make checks payable to CCSC/Nordic Mail to Tim Furbacher, Head Coach 731 Leelanau Avenue, Frankfort, MI 49635

Awards to all finishers and top 3 in each race Pizza and more around a roaring bonfire post-race

Parking: Art Park on Mountain Side Drive or at Tennis Courts/Driving Range on Mountain Center Rd.



CRYSTAL NORDIC PRESENTS



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A Junior Nordic Race

Saturday | March 7 | 2020

Crystal Mountain







THE FLYING SQUIRREL SKIATHLON **2020 REGISTRATION FORM PLEASE PRINT CLEARLY**

Namo	
	Grade:
•	
	n:
	:
	State:
Zip:	
Phone:_	
	re:
Ski Rent	al Information: (Yes / No)
Weight_	Shoe Size Height
Choose	Your Race:
☐ High	h School Skiathlon 5k Classic/5k Free
(Mic	chigan Cup Points Awarded)
☐ High	h School RELAY
O	I have a partner- Name
O	I NEED a partner
☐ Mid	dle School Skiathlon
(Mic	chigan Cup Points Awarded)
☐ Mid	dle School RELAY 2.5k Classic 2.5k Free
O	I have a partner- Name
O	I NEED a partner
	COST IS \$10 PER SKIER
	Make checks payable to CCSC/Nordic
Mail to Tim Furbacher, Head Coach	
73 1	Leelanau Avenue, Frankfort, MI 49635
Race Of	ficial Use Only:
Start Tin	ne: Group #:

Racer #:

DISCLAIMER & WAIVER FLYING SQUIRREL SKIATHLON, FEBRUARY | 2020

In consideration for my or the minor's participation in the Flying Squirrel Skiathlon, I hereby expressly assume any and all risks involved with participation in the event. I further agree to release, hold harmless, indemnify and defend Crystal Mountain and Crystal Community Ski Club, its agents and all persons/companies officially connected with this event from any and all claims for personal or property damages arising from or related to my or the minor's participation in the event. I or the minor will participate in this event as a skiing entrant and i or he/she is physically able to participate. I grant full permission to Crystal Mountain and all persons/ companies officially connected to the event to use my likeness and name for sponsorship, newsworthy and/ or advertising purposes if taken while participating in this event. I consent to and authorize the taking of photographs and/or videos during my or the minor's visits to Crystal Mountain. I also grant permission to Crystal Mountain and its agents or employees to use said photographs and/or videos in advertising, displays, web sites, brochures, other forms of electronic media, illustrations or publications without notifying me. I hereby waive any and all rights to privacy in the photographs/videos and to compensation related to the use of the photographs and or videos. (Initial here Name of Participant (please print) Signature of Participant If participant is a minor, name of parent Or guardian

(please print)

Date:

If Participant is a Minor, Signature of Parent or Guardian



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