## **2016** Michigan Cup Relays

Presented by Cross Country Ski Headquarters LLC

Registration: 9:30-10:45am on Sunday, March 6, 2016

**Race Time**: Start at 11:00am. Race will be in the following order: Classical leg, freestyle leg, freestyle leg. Course Length is 6-8 K based on snow conditions.

Classes: Male, Female and Co-ed classes are offered for a two age groups. Each team's age class will be determined by the total of all three team member ages.

Female:(164 & under) (165 & over) Male: (164 & under) (165 & over) Coed: (164 & under) (165 & over)

**Race Fee:** \$20 per adult team member. \$10 per junior team member (19 years and younger).

## **Registration and Guidelines:**

- \* Teams must have 3 different skiers.
- \* Limit one relay team per skier.
- \* Relay rules will be discussed at race start.
- \* Registration closes at 10:45am on race day.
- \* Please register early to avoid pre-race congestion.
- \* No individual entries allowed.
- \* Registration fee includes post-race lunch and awards ceremony, featuring pulled pork BBQ sandwiches, scalloped potatoes, Cole slaw, and fresh baked chocolate chip and oatmeal raisin cookies for dessert. Handmade awards will be given to all 1st, 2nd and 3rd place finishers. Each racer will also receive an official 2016 Michigan Cup Relays Pint Glass!





## \*Submit only <u>one form per team</u>, plus <u>complete</u> payment at time of registration\*

Team Member #1 (classical) . Name	_		b#:
Address:			
City:			_Zip:
Email:			
Michigan Cup Team:			
Γeam Member #2 (freestyle)	Age:	<b>M</b> /	F
Name	_		
Address:			
City:			
Email:			_
Michigan Cup Team:			
<b>Team Member #3 (freestyle)</b>	_		
Name			
Address:			
City:			
Email:			
Michigan Cup Team:			
Administrative use only:			
Race Class:164 & under165 & over		Male	Total of Ages:
Amount Due: \$ I	Paid		
Payment Method (circle): CCo	(square)	Cash Chec	ck CC(writter
Information for CC written: Circle: Visa Mastercard Discover Number: Exp Date:  Name on Card: ( print) Billing Address: City, State & Zip: Phone #:	Code		

I, the undersigned, know that skiing is an action sport carrying significant risk of personal injury and that there are natural and man-made obstacles and hazards. Surface and environmental conditions and risks, in combination with my actions, can cause me severe injury. In consideration of the foregoing, I, for myself, executor, administrators, and assigns do hereby release and discharge Cross Country Ski Headquarters and all persons officially or unofficially connected with the events from all claims of damage demands, actions and causes of action what so ever in any manner arising or growing out of my participation in this event.

tills event.			
#1 Racer Signature:	#2 Racer Signature:	#3 Racer Signature:	
If racer is under 18,			
Parent or guardian signature #1:		, #3	