



# Wax Recommendations

## Great Lakes District Junior National Qualifier: FS Sprint

Date: Sat, Jan 5, 2013

Time: 12:00 PM

Where: Boyne Valley Lodge, Walloon Lake, MI

What: Saturday

12:00pm Sprint prelims. 1km freestyle, top 24 M/F move on  
1:30pm Elimination rounds

Sunday

10:00am Mass Start Classic - 6km J2, 9km OJ/J1 Boys

10:05am Mass Start Classic - All girls

**Tonight:** Scattered snow showers, mainly before midnight. Cloudy, with a low around 25. Southwest wind 5 to 10 mph increasing to 10 to 15 mph after midnight. Chance of precipitation is 50%.

**Friday:** Cloudy, then gradually becoming mostly sunny, with a high near 32. West wind 5 to 10 mph.

**Friday Night:** A chance of flurries. Mostly cloudy, with a low around 22. West wind 5 to 10 mph.

**Saturday:** A chance of flurries before 1pm. Mostly cloudy, with a high near 29. Calm wind becoming south around 5 mph in the afternoon.

**Saturday Night:** A 30 percent chance of snow. Cloudy, with a low around 26. South wind around 5 mph becoming calm.

**Sunday:** A 40 percent chance of snow before 1pm. Mostly cloudy, with a high near 29.

I would pick a pair of skate skis with medium linear type grind, medium to medium stiff flex. The forecast looks like a start time air temp of about 22F. Temperature at the finish around 29F. Sky cover will be mostly cloudy. Humidity between 80 and 90%.

### Solda Glide wax:

Base: Mix Solda UF7 and Performance Green 50/50. Scrape and brush. You could use F15 Violet instead.

Paraffin: If there is some new snow before Saturday, go with Solda F40 Orange Special. (Could use F31 Orange. If there is now new snow and the snow is older and transformed, go with Solda F40 Red Special (F40 Red would be good.)

Top Coat: Solda HP04

### Budget wax:

Base: Solda Performance Green

Paraffin: Solda F31 Orange.