

# WAX RECOMMENDATION

## White Pine Stampede: Mancelona, Michigan - Saturday, Feb 2nd

Forecast: Friday night low 21F. Saturday high 31F. New Snow is in the forecast.

**Base Prep:** Clean skis with CH10 or BP99 (Nordic Base Prep) scrape and brush using Course Bronze Brush. Clean kick zone with Swix base cleaner and Fiberlene, sand kick zone with 100grit sandpaper

**Structure:** Linear - Swix Super Riller using the .5mm blade. Apply structure after waxing and brushing.

#### **GLIDE WAX - FAST**

Base Race Wax: Apply CH7, scrape and brush using SWIX Medium Bronze Brush (T1620) or SWIX Fine Steel Brush (T0192). Polish using SWIX Blue Nylon Brush (T160).

Base Race Wax: NEW SWIX BLUE GLIDE - F6L Liquid

#### **GLIDE WAX - FASTER**

Race Wax: Apply LF7, scrape and brush using SWIX Medium Bronze Brush (T1620) or SWIX Fine Steel Brush (T0192). Polish using SWIX Blue Nylon Brush (T160).

#### **GLIDE WAX - WICKED FAST**

**Base Race Wax:** Apply HF7 (50KM) or HF8 (10 & 20KM races), scrape and brush using SWIX Medium Bronze Brush (T1620) or SWIX Fine Steel Brush (T0192). Polish using SWIX Blue Nylon Brush (T160).

Race Wax: Race Wax: Apply FC7 Powder. FC7 is ironed twice during application. Ironed, brushed back to powder form, and ironed again. Brush up using SWIX Stiff Black Nylon Brush (T0194) or NEW SWIX Wild Boar (T0164) after 1<sup>st</sup> ironing. After 2<sup>nd</sup> ironing, brush out with using SWIX Stiff Black Nylon Brush (T0194) or NEW SWIX Wild Boar (T0164). Final brush with SWIX Blue Nylon Brush (T0160).

Race Wax: Apply FC1 Solid with Iron for durability and brush out using Horsehair then Fine Nylon brushes.

\* FC1 Solid could be hand-corked in and brushed out with Fine Nylon Brush

### KICK WAX

Base Kick Wax: Apply a thin layer of VG35 Base Wax (iron in or use heat gun) & cork smooth. This layer will add durability and act as a cushion.

Race Wax: Apply several layers of VR40 or V40(Blue Extra) and cork in each layer. Cover with short layer of VR45 or V50 if extra grip needed and cork smooth.

For detailed application instructions check out the Swix School of Waxing at

